



Riverside County Regional Park and Open-Space District

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FOR IMMEDIATE RELEASE

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5th Annual Healthy Living Extravaganza April 27, 2019 at Rancho Jurupa Regional Park

April 4, 2019 – Jurupa Valley, CA - Riverside County Regional Park and Open-Space District and partners are proud to present the 5th Annual Healthy Living Extravaganza (HLE). The event takes place on Saturday, April 27th, 2019 from 8:00 am – 12 noon at Rancho Jurupa Regional Park located at 4800 Crestmore Rd. in Jurupa Valley, California.

HLE is a family friendly event where participants can obtain information and resources related to living a healthy lifestyle. Through the support of partners, donors, sponsors, staff, and volunteers, HLE will provide an

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4600 Crestmore Road • Jurupa Valley, CA • 92509 • (951) 955-4310 • FAX (951) 955-4305

Book your next reservation at: www.RivCoParks.org



RivCoPARKS



opportunity for the public to expand their knowledge of health and wellness programs, services, and opportunities in their local communities while participating in an interactive and exciting day of activities. Resources are brought to one central location where Riverside County residents are able to gain invaluable information on how to live a healthier and more active life.

This year HLE will be joining forces with the Wylie Center for their annual 5K Unity Color Run/Walk which kicks off the morning of the event. Registration starts at 8:00 am and residents are encouraged to come early to participate in the Run/Walk. The Color Run ends with a traditional finish line party with music, dancing, and a colored powder shower. Visit the Unity Color Run website (www.unity5k.org) to learn more about Wylie Center, pre-register for the 5K Color Run/Walk, and see amazing color run imagery to inspire you to attend.

The 2019 HLE will also include a kid's fun zone, crafts and activities, a petting zoo, free health screenings, nutrition and meal planning, opportunity drawings, program and class demonstrations, food vendors, entertainment, and much more!

More information about this event can be found at www.healthylivingextravaganza.com.

If you are interested in having a vendor booth at this event, e-mail laguilera@rivco.org. If you are interested in volunteering at this event, e-mail brianullon@rivco.org.

HLE is presented in partnership with Riverside County Parks Foundation, Healthy Jurupa Valley, the City of Jurupa Valley, Jurupa Area Recreation and Park District, Jurupa Unified School District, Reach Out, the City of Riverside, Riverside Community Services Foundation, Riverside County Health Coalition, and the Riverside University Health System-Public Health.

The Riverside County Regional Park and Open-Space District (RivCoParks)

Our Mission is to acquire, protect, develop, manage, and interpret for the inspiration, use and enjoyment of all people, a well-balanced system of park related places of outstanding scenic, recreational, and historic importance. Our Vision is to be the regional leader in improving lives through people, parks, places and programs.

FREE

April 27
2019

8am-12pm

- Food Vendors
- Live Animals
- Kids Zone

Healthy Living Extravaganza

COMMUNITY EXPO

- Community Resources
- Local Program Demonstration
- Wellness Products & Services
- Nutrition & Meal Planning
- Safety Awareness

In conjunction with the
WYLIE CENTER
UNITY 5K COLOR RUN

REGISTRATION STARTS AT 8AM

**UNITY 5K
COLOR RUN**
run as one

Located at :

Rancho Jurupa Park

4800 Crestmore Road
Jurupa Valley, CA 92509

Partners :



**RIVERSIDE COUNTY PARKS
FOUNDATION**

BURRTEC
"We'll Take Care of It"

Questions? Contact RivCoParks at (800) 234-PARK (7275)

www.healthylivingextravaganza.com

Please visit the website to register for the Unity 5K run

Gratis

**27 de Abril
del 2019**

8am-12pm

- Vendedores de comida
- Animales
- Zona de niños

Healthy Living Extravaganza

COMMUNITY EXPO

- Recursos de La Comunidad
- Demostración del Program Local
- Productos de Bienestar y Servicios
- Nutrición y Planificación de Comidas
- Conciencia de Seguridad

en conjunción con el
WYLIE CENTER
UNITY 5K COLOR RUN

EL REGISTRO EMPIEZA A LAS 8AM

**UNITY 5K
COLOR RUN**
run as one

Situado en :

Rancho Jurupa Park

4800 Crestmore Road
Jurupa Valley, CA 92509

Partners :



**RIVERSIDE COUNTY PARKS
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"We'll Take Care of It"

Para más información llame a RivCoParks al (800) 234-PARK (7275)

www.healthylivingextravaganza.com

i Por favor visite nuestro sitio de web para registrarse para la carrera de Unity Color Run